Pillow Project Steps

These are the written instructions for completing this project. If you want to see a video tutorial, <u>click here</u>

Step 1: Gather your materials

You will need all the items below

- 1 pair of scissors
- 1 spool of thread
- 1 needle
- Pillow stuffing
- Fabric

Step 2: Create the outside of your pillow

- Place your fabric on a flat surface.
- Draw out a square the same size want your pillow to be. I recommend using a sticky note or index card for reference.
- Cut out that square.
- Do this step 2x
- You should now have two squares that are identical.



Step 3: Hold together

- Place your two squares on top of each other so that they line up exactly. - if you have a design or picture that you want on the outside of the pillow - you want that to be the side touching the other one (inside/not facing out)
- If the two pieces of fabric do not match then cut them so they equal each other.
- Draw guide dots around three edges (optional) ¼" apart from each other and ¼" away from the edge of the squares
- Hold both pieces together with edges flush



Step 4: Sewing

- Get enough thread that you can sew three sides of the pillow with some thread remaining. (About two arms length)
- Thread your needle and tie a not at the end.
- Start at a corner of your pillow and put your needle through both pieces of material.
- Sew around three sides using the backstitch
- Be sure to leave one side not sewn
- Once you have sewing three sides, sew a knot and cut off the thread.



Step 5: Turn Inside Out

- Turn your pillow inside out. If you need to, use a dull pencil to poke the corners to make them square
- It should now be inside out. This creates a nice seam.



Step 6: Stuffing

- Take half of your pillow stuffing and fill your pillow enough so that it is plump but so that you can still easily sew the last side closed.
- Fold over the edge of the last side and pin the entire side closed so it holds
- You should now have the two sides folded and pinned and ready to start sewing the last edge.







Step 7: Sewing the Pillow Closed

- Re-thread your needle and knot it at the end
- Put the needle through the inside seam on one of the corners on this side
- Pull the needle through the side of the fabric and start sewing small, shallow whip stitches connecting both pieces of the pillow.
- Make sure every stitch goes through both pieces of the fabric.
- Continue sewing till the end of the edge and sew a knot
- Cut the extra thread and remove the safety pin





Turning it in

- Repeat the steps again to create another pillow
- Take a photo of your pillows and turn it in on Canvas. In the text box or comments of your assignment, answer the questions provided.



